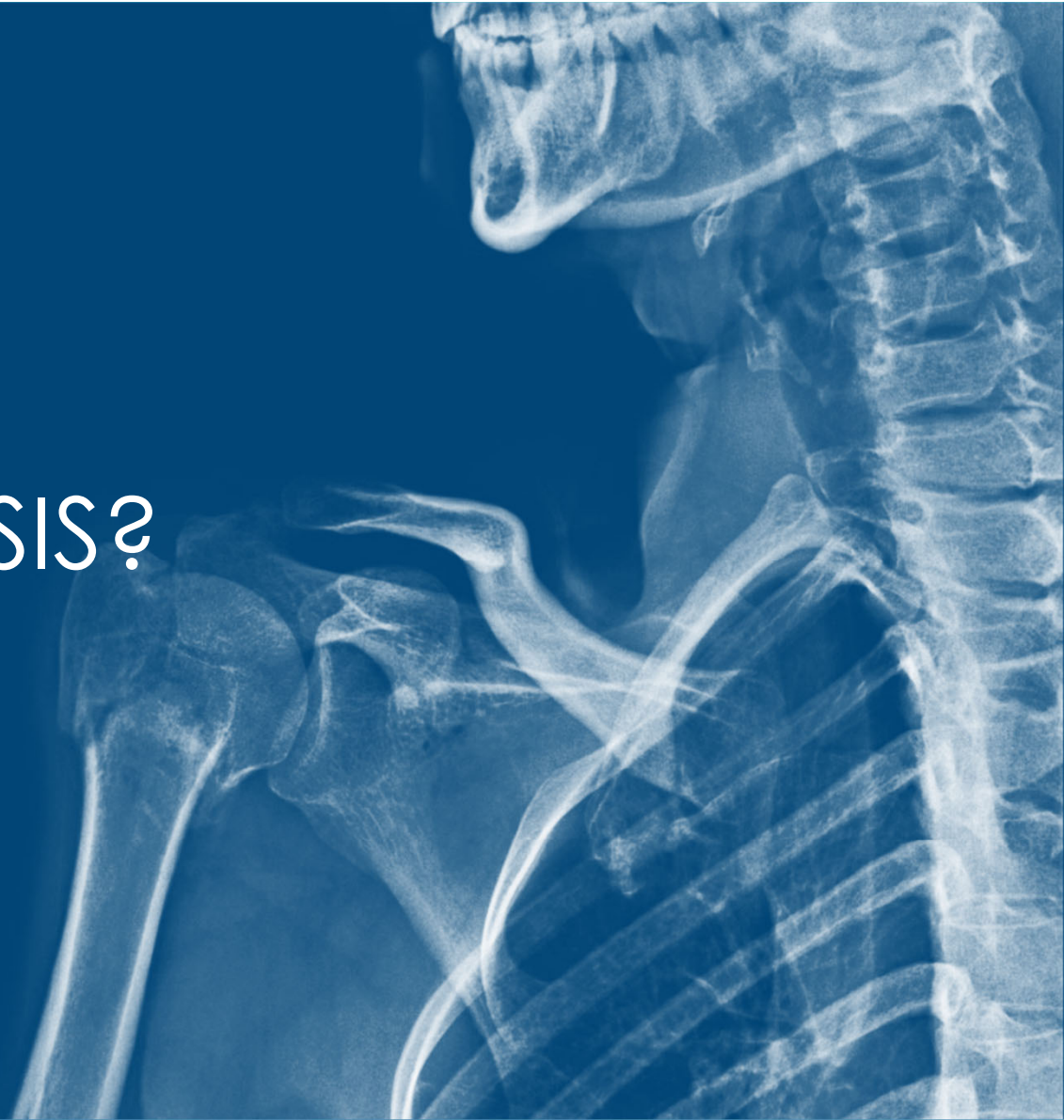


# SCOLIOSIS SCREENINGS

Forsyth County  
Schools will  
conduct scoliosis  
screenings on our  
sixth and eighth  
grade students  
per GA state  
requirement.

# WHAT IS SCOLIOSIS?



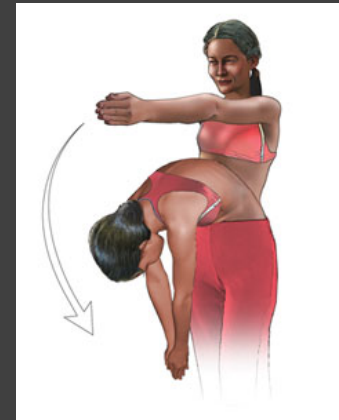
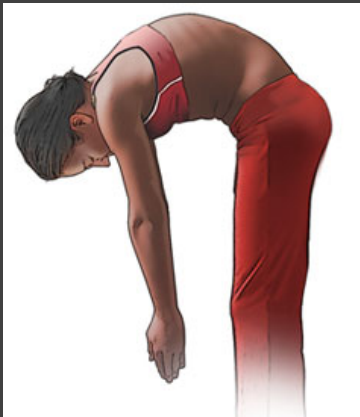
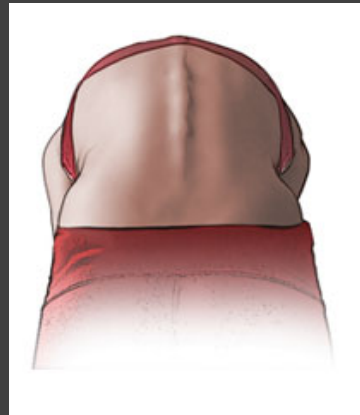
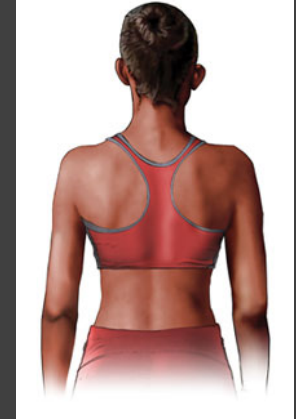
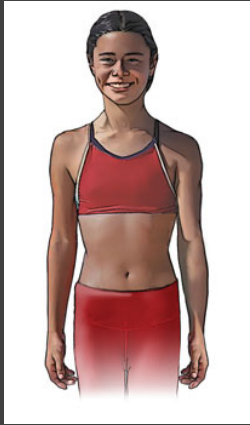
# SCOLIOSIS

Scoliosis is a sideways curve of the spine. It happens to about 3% of children and can occur at any age but is often noticeable between the ages of 9 and 16, when kids are growing rapidly.



- ▶ Your school nurse or another trained school staff member will perform the screening at your school. It is a quick screening.
- ▶ Girls and boys will be screened separately. You will need to remove your shirt. Girls will need to wear a bra, sports bra or bathing suit top. The screeners will need to be able to see your spine.
- ▶ You will stand facing the screener from the front, from the back and from the side. You will be asked to lean forward to touch your toes. The screener is looking for any asymmetries, or unevenness of your shoulders, hips or arm length.

## WHAT TO EXPECT DURING A SCOLIOSIS SCREENING?



## Questions?

**Do I have to participate in this screening?** No, your parent/guardian can sign a scoliosis refusal form which you can pickup from your school nurse or parent/guardian can complete this form online in parent portal when it is time for your schools screening. This form is called the GA 4400 Form.

**What if I am already under care of a physician for scoliosis?** Then there is no reason for you to participate in this screening. Your parent/guardian will need to have the GA Form 4400 completed by physician or complete the scoliosis refusal form.